# CHEMICAL DEPENDENCY ADVISORY COMMITTEE MINUTES

Tuesday, November 09, 2021; 5:00 pm

Zoom:

https://lowercolumbia.zoom.us/j/82687496555?pwd=d0FITWRCaktNMzFoQWJEaTR0Ym9mdz09

Meeting ID: 826 8749 6555

### I. CALL TO ORDER:

Leszek called to order the regular Fall 2021 meeting of the Chemical Dependency Advisory Committee at 5:05 pm on 11/09/21 via Zoom.

## II. INTRODUCTIONS - No Quorum

Breezy Lorenzo - Awakenings Amber Delagrange - Cowlitz Human Health Center Leszek Cromwell - LCC CD Coordinator Veronica De Jesus - LCC Employment Navigator Julie Spalding - LCC Faculty Jennie Bergman- LCC Workforce Education Manager

III. APPROVAL OF MINUTES: October 23, 2019 meeting: CDS Advisory Board Minutes 10 23 2019

No Quorum - Approve minutes at the Spring 2022 meeting along with the November 09, 2021 minutes.

## IV. APPROVALS

### **01. LCC COURSES:**

- a. New Course DS 109: Process of Addiction and Compulsive Behaviors Start Fall
   2022. Taught by Jim. This course had been submitted to the curriculum committee.
  - Explores compulsive behaviors and addiction from various perspectives.
     Examines the principles of addiction, features of compulsive behaviors, risk factors, and signs and symptoms related to the recovery process. Includes discussion of addiction and compulsive behaviors in populations that have been traditionally marginalized.

### 2. Outcomes:

- a. Define addiction and compulsive behaviors.
- b. Describe common behaviors of compulsivity and addiction.
- c. Summarize common risk factors for addiction and compulsive behaviors.
- d. Identify signs and symptoms of process addiction.
- e. Contrast common treatment modalities for process addictions
- f. Discuss addiction and the recovery process.
- g. Analyze the social cost of addiction and compulsive behaviors.
- h. Examine stigmas related to historically neglected and marginalized people with addictions and compulsive behaviors.
- 3. 4 credit Class
- 4. Offered Fall Quarter as an elective
- 5. This course will dive into behaviors and addictions that go beyond substances

abuse and addiction (gambling, pornography, gaming, marginalized groups and the impact of addiction and substance use etc...)

- b. Send any recommendations or thoughts on Lesh's way if you have thoughts.
  - 1. Feedback:
    - a. Wonderful course to offer
    - b. This is an area that we did not get to learn about until we started working with the population on the job. It is a well-needed class.

### V. INDUSTRY UPDATES

Breezy: Kelso/Longview districts are looking for prevention specialists.

Amber: The Blake Decision: The Washington State Supreme Court issued its opinion on February 25, 2021, finding that RCW 69.50.4013; a simple felony drug possession statute, is unconstitutional. The decision became final on April 21, 2021. As a result of the Blake Decision, felony charges are now unconstitutional back in the 80s. Now no felony positions are being charged. The law changes have impacted treatment programs as there are fewer court referrals for treatment in drug possession charges.

Breezy - VHO is trying to start a new outreach program but a lot goes into it. It may look like a crisis response team. An agency that is running the outreach program would be notified by first responders to go out and do a screening and to provide information for treatment facilities. As time goes on, treatment facilities would try to stay in contact with the individual. It sounds good in theory, but the population we work with are homeless or don't have contact numbers. We may see them one time and will never see them again.

Oregon stats, on a similar program, note that individuals who are getting caught with substances and who receive treatment handout information and continue to treatment is very minimal. The ratio is very small when looking at handout data vs treatment data.

Drug Court also took a big hit as a result of the Blake Decision. The program is moving forward and trying to build the program back up. There is talk about a low-barrier program to address misdemeanor charges that would direct individuals into treatment. Nothing has been put in place yet.

Les - Oregon gives individuals who are charged with a misdemeanor for possession of small amounts an option to pay a misdemeanor ticket or seek treatment. Do not know how it is affecting Oregon treatment facilities.

## VI. Education (K12/LCC) UPDATES

# a. Curriculum: LCC COURSE RETIREMENT - CDS 108 in 2023

- 1. CDS 108: Community & School-Based Prevention/Intervention Strategies will be replaced with CDS 109 Process of Addiction and Compulsive Behaviors.
- 2. CDS 108: Community & School-Based Prevention/Intervention Strategies is being retired because much of the information is already being covered in other CDS courses and CDS 109 will bring more up-to-date information about behaviors and processes of addiction that impact individuals and our communities.

- 3. The Health and Wellness certification also uses CDS 108 within their program. During 2022 we plan to run both courses...CDS 109 will be for CDS students only. CDS 108 will be offered for the Health and Wellness Program students for one more year as the Health and Wellness Program creates a new class to replace CDS 108.
- 4. There was also confusion about the course's name and what was supposed to be taught in the course. In the catalog, the course was listed as community and school-based prevention/intervention strategies. These strategies are covered in CDS 215 Group Counseling: Theories and Application.
- b. Program Feedback: An LCC CDS pre-enrollment requirement has been that students need to have two years of sobriety before registering for the program. The CDPT requirements state that they want students to have two years with no use. With the LCC re-enrollment requirement, that would mean that students would have four years of sobriety at the time of graduation.

Les would like to reduce the program's two-year pre-enrollment requirement to one year. At the time of applying for their certification, they would have three years of sobriety.

#### Feedback:

Breezy - During the first year, people need to take time to work on themselves. After the first year of sobriety, they are ready to do what they want to do.

Amber - They start working as interns before the three-year mark.

Julie - One year is the best spot, anything less than that they are trying to stabilize their life. Hard to put conditions on it for anything less than one year. To be fully licensed it says you need two years of abstinence.

If you have any more questions or feedback, please feel free to contact Lesh.

c. Labor Market: Review during Spring Meeting

# d. Facilities, Equipment, Technology

- 1. Navigate This is a replacement for an old data retrieval system that was more user-friendly than the older legacy system.
  - a. Navigate allows:
    - i. Better student tracking
    - ii. Students can make appointments with advisors without having to call or email, students can schedule easily
    - iii. Allows students to see what they need to take to each quarter and make appropriate adjustments as needed
- 2. ctcLink at LCC: Replaced our legacy DOS system. After a two-year implementation period, we are in full operation.

# d. Student Success/Performance

- 1. Number of students in the program Fall 2021: 36
- 2. Number of students who have graduated in 2020/2021:

- a. 5 students completed the CDS AAS in 2020/2021.
- b. One student graduated spring 2020,
- c. Two students graduated summer of 2020,
- d. One student graduated fall 2020, and
- e. One student graduated summer of 2021.
- f. Unfortunately, I don't have a good way to quantify any AA-DTA completers with a CDS focus as it's technically not a separate degree. (registration department, However, I do plan to keep my records for future reference)
- 3. Number of Students in CDS 288 (internship): 8
- 4. Number of new students who entered the program in fall 2021: 7 a
  - a. There is low enrollment across the nation in all college systems. We are hoping that this will pick up and we have an influx of students.
- 5. Number of students in the AAS: 29
- 6. Number of students in the AA-DTA CDS focus: 7

# e. Guided Pathways: Support Student Success

- 1. Block Scheduling
- 2. COLL 101: All new students and students who are returning who have less than 30 credits, are required to take COLL 101
  - a. The goal is to help students get on a pathway to success.
  - b. Eliminates the ability to deviate from the program path which will help students graduate sooner.

## f. Cooperative Education is the internship program

The CDS Program has Cooperative Education built into the curriculum as an
elective course. COVID has limited the partnerships that we have had in the past.
We are hoping to build relationships soon to bring back strong training sites for our
students. Jennie is managing the program LCC-wide. Any feedback from your
experience with the program would be appreciated. Reach out to LCC if you have
any questions or issues or need more support with students/interns.

## VII. LCC Employment Navigator - Veronica De Jesus

The position is new and implemented to work alongside employers and students. The focus is on getting students prepared for the workforce, connecting students to employers, and finding out what employers are looking for. Veronica will help in finding a match with students and employers and helping with transitions to work. It is all about support and working with employers on how to support students in becoming ready to work.

VIII. Committee Member Nominations: None at this time. If you have anyone in mind to nominate as a committee member, email Jennie. She will send out the nomination form and then the individual will receive a formal invitation from Chris Bailey. The goal would be to recruit a representative from every SUD agency in the area. Having two people from each agency would help to build up the committee.

Visit the LCC Webpage: Advisory Board for more information.

- IX. OLD BUSINESS: None at this time
- **X. NEW BUSINESS:** Les wants to go out to the facilities to get to know everyone. These visits will be scheduled as soon as COVID allows.
- XI. UPCOMING PROGRAM OR COMMUNITY EVENTS: None at this time
- XII. NEXT MEETING (DATE/TIME/PLACE): Spring: April, end of the month.
- XIII. Adjournment: 6:02 pm
- XIV. RESOURCES
  - a. ADVISORY COMMITTEE HANDBOOK
  - b. LCC: Professional-Technical Advisory Committees Meeting Minutes
  - c. The Carl D. Perkins Vocational and Technical Education Act, Public Law 105-332
  - d. College Advisory Committee Procedures

PREPARED BY: Jennie Bergman

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